



612-871-1145 | mngi.com

PREPARING FOR HEMORRHOID BANDING

The day of your procedure:

- There are no dietary restrictions.
- Preparation through laxatives or enemas is not required.
- Continue all medications as usual. If you take a medication to thin your blood (such as Coumadin®, Plavix® or Lovenox®) and have not already discussed this with our office, please call us at 612-871-1145. If you take aspirin, you may continue to do so.

Bring to your appointment:

- Insurance Card / Photo ID: Bring a photo ID as well as up-to-date insurance information, such as your insurance card and any referral forms that might be required by your payer.
- List of Current Medications: Bring a list of all of your current medications, including any allergy or over-the-counter medications.

Cancel or Reschedule your appointment:

If you must cancel or reschedule your appointment, please call 612-871-1145 as soon as possible.

DESCRIPTION OF HEMORRHOID BANDING

What is hemorrhoid banding?

Hemorrhoid banding is a safe, painless procedure in which the hemorrhoid is tied off at the base with a rubber band, cutting off the blood flow to the hemorrhoid causing it to shrink and fall off in 1-2 weeks. Hemorrhoid banding is used to treat problems associated with hemorrhoids, such as bleeding and fecal soiling.

What should I expect during the procedure?

The procedure will be performed at one of the offices of Minnesota Gastroenterology. Your doctor will review your history and perform a digital (finger) rectal exam. Then a short viewing instrument (anoscope) is placed into the anus. The anoscope is removed, and then the smaller banding tube is placed into the rectum. A small button of lining tissue is suctioned, and the band placed over it. There may be mild, dull discomfort resembling the urge to have a bowel movement after placement of the band, but there may be no discomfort at all. Your doctor will ask you if you have a pinching sensation, and if so, the band is adjusted immediately. Most patients require 3 treatments.

What should I expect after the procedure?

There is sometimes some bleeding or discomfort. Any uncomfortable sensation can usually be adjusted while you are still on the examination table. If you have any concerns, call us at 612-871-1145.

What are the possible complications associated with hemorrhoid banding?

Complications associated with this procedure are rare. However, if there is a substantial amount of bleeding, severe pain, chills, fever or difficulty passing urine, please call our office at 612-871-1145 or go to the emergency room. If you go to the emergency room, please notify our office immediately to have the on-call physician contacted.

For more information on the CRH O'Regan System™ visit: www.crhsystem.com/

MNGI Digestive Health uses the CRH O'Regan System™ for non-surgical hemorrhoid removal. For more information on the CRH O'Regan System™ visit: www.crhsystem.com/minnesota