



CELIAC DISEASE RESOURCES

Websites

Beyond Celiac - www.BeyondCeliac.org

Celiac Disease Foundation - www.celiac.org

Celiac Disease and Gluten-free resource – www.celiac.com

Gluten free medication - www.glutenfreedrugs.com

Gluten Intolerance Group of North America - www.gluten.org

GI Kids: Health & Hope for Children with Digestive Disorders - www.gikids.org

National Celiac Association - <https://nationalceliac.org/>

Raising Our Celiac Kids - www.twincitiesrock.org

The Gluten Freedom Project - <http://www.glutenfreedomproject.com>

Books

Gluten Free: The Definitive Resource Guide by Shelley Case, RD

Gluten-Free Hassle-Free: A Simple, Sane, Dietitian-Approved Program for Eating Your Way Back to Health by Marlisa Brown, MS RD CDE

Real Life with Celiac Disease by Melinda Dennis and Daniel Leffler

Magazines

Allergic Living Magazine <https://www.allergicliving.com/category/celiac/>

Gluten-Free Living Magazine <https://eat-gluten-free.celiac.org/gf-companies/gflmagazine/>

Simply Gluten Free Magazine <https://glutenfreeandmore.com/>

Delight Gluten-Free Magazine <https://delightglutenfree.com/>

GFF: Gluten Free Forever Magazine <https://gffmag.com/>

Downloadable apps for iPhone and Android

There are many apps available for free or purchase in the marketplace. At the time of publishing (2024), the following are recommendations based on their historical accuracy and publisher's credentials. Apps can be a helpful tool, but do have limitations and may not always be 100% accurate. It is always advised to read the actual food label of groceries, and to discuss your dietary needs with restaurant staff.

Grocery Scanner



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Eat! GF



The Gluten
Free Scanner



ShopWell

Restaurant Finder



Find Me Gluten Free



Gluten Dude